

Pine Technical & Community College,
a leader in innovative education, is collaborating with:



**Family,
Friend and
Neighbor**
minnesota

When you care for children of family, friends or neighbors (FFN) you are providing critical support in helping children, families and the community thrive.

We have **FREE**, One Hour Online Trainings to help support what you do!

You can take one, some or all!

Topics Include:

- Teaching Children to Cooperate with Requests, April 9th
- Making a Connection, April 16th
- Power of Play, April 30th
- Why do Children do What They do, May 7th
- Teach Me What to Do, May 14th
- Logical Consequences, May 21st
- Behavior has a Meaning, May 28th

Class descriptions on back page.

Parenting Plus

Online Learning to help support Family, Friend, and Neighbors important in the lives of Children.



Classes are held
Online via Zoom
from 5:30-6:30 pm

Join us Earlier!
**NEW EVENING
START TIMES!**

FREE

Each session includes materials to help support the social emotional learning children need for school and life!

Course materials will be mailed to participants after the event.

Items include:

Customized Scheduled Cards for Families

Family Rules Poster

Scripted Story Books

And more! Each class has a different support kit!

To register for **FREE** you must use this link or call us:

Parenting Plus Course Registration
- Spring 2024



Online registration Link:

<https://forms.office.com/r/hPNxeWn9i3>

Or, Call to Register:

320-629-5176



Pine Technical &
Community College
CONTINUING EDUCATION
& CUSTOMIZED TRAINING

In order to receive the learning materials after class you will need to be signed up to participate in the Family, Friend, and Neighbor program and live within one of the following counties:

Koochiching, Itasca, Saint Louis, Carlton, Aitkin, Lake, Cook, Cass, Crow Wing, Morrison, Mille Lacs, Kanabec, Isanti, Pine or Chisago Counties.

Teaching Children to Cooperate with Requests

In this course we will explore common struggles parents have with their children. We'll discuss developmentally appropriate behavior and how to utilize that knowledge to your benefit. We'll look at best practices and proven strategies from reliable, credible sources. We'll work on problem solving skills for you to take with you. You will gain simple solutions you can implement right away!

FFN Program Participants will also receive:

Family Schedule & Routines Customizable Poster Set

Why do Children do what they do

In this course we'll examine why children do what they do. We'll practice ways to determine the meaning of a child's behavior. We'll learn ways to understand how to make expectations clear and effective ways to develop and teach household rules.

FFN Program Participants will also receive:

Fidget Tubes

Teach Me what to Do

Did you know there are 75+ complex feeling words a child should know by the time they are 3-5 years old? In this course we'll explore what complex feeling words are and why they are important. We'll learn how this vocabulary has an impact on your child's behavior and reactions. We'll demonstrate the use of books to support emotional vocabulary and social emotional development. You'll meet Tucker the Turtle and learn how to teach your child problem-solving skills that will help them now and throughout their lives.

FFN Program Participants will also receive:

Emotional Literacy Learning Kit

Behavior has a meaning

In this course we'll learn to be detectives of our child's behavior. This will help parents understand, communicate and become better teachers for their children. We'll discuss the 3 essential parts needed to create a plan to implement and use at home.

FFN Participants will also receive:

Social Story Book

Making a Connection

Your daily responses to your children will have a major impact on their social and emotional skills. In this course we will identify the importance of building strong, positive relationships with your children.

We will discuss the power of using positive comments and encouragement. We will provide you with at home activities and help you gain the skills to begin building better positive relationships with your children.

FFN Program Participants will also receive:

I can follow Family Rules Kit

Power of Play

In this course we'll explore the power of play in parenting. We'll learn ways to help children develop friendship skills which research has proven can have a tremendous impact on your child's growth and development. We'll demonstrate the link of encouragement and play to children's behavior. By the end of the hour, we'll work through a plan you can implement in your home to take advantage of the power of play.

FFN Program Participants will also receive:

Mad Mattr Open Ended Play - "Magic Sand"

Logical Consequences

In this course we'll explore the meaning of "reasonable expectations." We'll review specific strategies that can be used to promote positive behavior at home and in community settings. We'll define "logical consequences" and show how to implement them in your home to help you overcome challenging behaviors.

FFN Program Participants will also receive:

Clean it! Social Story Book

FFN Program Supports for these counties are provided by:



Annette.Weaver@pine.edu



Taylor@northlandfdn.org